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Simple Orders for Morning Prayer

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Order for Night Prayer

The material for the Order of Compline in this booklet is taken from The Daily Office SSF, revised edition 2010. The second form of confession is © OSB West Malling. The music, from traditional sources, is edited by Br Reginald SSF.

Collects

Material from Church in Wales *The New Calendar and Collects*, © Church in Wales Publications and the Representative Body of the Church in Wales 2003

Stations of the Cross

The sonnets used in the Stations of the Cross are taken from *Sounding the Seasons* which is © Malcolm Guite (2012) and used with permission.

Lectio Divina

This sheet is taken from the website of the Jesuits in Britain (<https://www.pathwaystogod.org>)

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Simple Orders for Morning Prayer and Night Prayer

A Simple Order of Morning Prayer in Lent

○ Lord open our lips,
And our mouth shall proclaim your praise.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Silent prayer/reflection on the coming day.

Early in the morning
my prayer comes before you.
Lord, have mercy. **Lord, have mercy.**

You speak in my heart and say
'Seek my face';
your face, Lord, will I seek.
Christ, have mercy. **Christ, have mercy.**

Let the words of my mouth and the meditation of my heart
be acceptable in your sight, O Lord,
my strength and my redeemer.
Lord, have mercy. **Lord, have mercy.**

**Return to the Lord, who will have mercy,
to our God, who will richly pardon.**

Seek the Lord while he may be found
call upon him while he is near.

Let the wicked abandon their ways
and the unrighteous their thoughts;

Return to the Lord, who will have mercy
to our God who will richly pardon.

'For my thoughts are not your thoughts
neither are your ways my ways,' says the Lord.

For as the heavens are higher than the earth
so are my ways higher than your ways
and my thoughts than your thoughts.

As the rain and the snow come down from above
and return not again but water the earth,

Bringing forth life and giving growth
seed for sowing and bread to eat,

So is my word that goes forth from my mouth
it will not return to me fruitless,

But it will accomplish that which I purpose
and succeed in the task I gave it.'

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**Return to the Lord, who will have mercy,
to our God, who will richly pardon.**

*A Bible Reading is read – perhaps using one of the Sunday readings
included in this booklet.*

**Create in me a clean heart, O God,
and renew a right spirit within me.**

Blessed be the Lord the God of Israel
for he has come to his people and set them free.

The Lord has raised up for us a mighty Saviour
born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies
from the hands of all who hate us.

To show mercy to our forebears
and to remember his holy covenant.

This was the oath God swore to our father Abraham
to set us free from the hands of our enemies,

Free to worship him without fear
holy and righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,

To shine on those who dwell in darkness
and the shadow of death
and to guide our feet into the way of peace.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**Create in me a clean heart, O God,
and renew a right spirit within me.**

Various prayers are offered for:

The Church

The World

The Local Community

Those in particular need

The Lord's Prayer is said.

The Collect for the Day is said (see Sunday Readings in this booklet) or

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent:
create and make in us new and contrite hearts
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ our Lord. **Amen.**

The second collect, for peace.

O God, the author of peace and lover of concord,
to know you is eternal life,
to serve you is perfect freedom:
defend us in all assaults of our enemies,
that we, surely trusting in your protection,
may not fear the power of any adversaries;
through Jesus Christ our Lord. **Amen.**

The third collect, for grace.

Eternal God and Father,
by your power we are created
and by your love we are redeemed:
guide and strengthen us by your Spirit,
that we may give ourselves to you
in love and service of one another;
through Jesus Christ our Lord. **Amen.**

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all, evermore. Amen.**

Let us bless the Lord. **Thanks be to God.**

A Simple Order of Morning Prayer in Holy Week

○ Lord open our lips,
And our mouth shall proclaim your praise.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Silent prayer/reflection on the coming day.

Lord Jesus, you transformed the tree of the cross
into the tree of our salvation.

Lord, have mercy. **Lord, have mercy.**

Lord Jesus, you suffered for us, leaving us an example
that we might walk in your ways.

Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you embraced the wood of the cross,
burdened with our sins,
that dead to sin we might live in your peace.

Lord, have mercy. **Lord, have mercy.**

Jesus, Saviour of the world,
come to us in your mercy:
we look to you to save and help us.

By your cross and your life laid down,
you set your people free:
we look to you to save and help us.

When they were ready to perish, you saved your disciples:
we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,
forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;
save and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:
hear our prayer and be with us always.

And when you come in your glory:
make us to be one with you
and to share the life of your kingdom.

*A Bible Reading is read – perhaps using one of the Sunday readings
included in this booklet.*

**We adore you, O Christ, and we bless you,
because by your holy Cross you have redeemed the world.**

Blessed be the Lord the God of Israel
for he has come to his people and set them free.

The Lord has raised up for us a mighty Saviour
born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies
from the hands of all who hate us.

To show mercy to our forebears
and to remember his holy covenant.

This was the oath God swore to our father Abraham
to set us free from the hands of our enemies,

Free to worship him without fear
holy and righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,

To shine on those who dwell in darkness
and the shadow of death
and to guide our feet into the way of peace.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**We adore you, O Christ, and we bless you,
because by your holy Cross you have redeemed the world.**

Various prayers are offered for:

The Church

The World

The Local Community

Those in particular need

The Lord's Prayer is said.

The Collect for the Day

Almighty and everlasting God,
who in your tender love towards the human race
sent your Son our Saviour Jesus Christ
to take upon him our flesh
and to suffer death upon the cross:
grant that we may follow the example of his patience and humility,
and also be made partakers of his resurrection;
through Jesus Christ our Lord. **Amen.**

On Good Friday

Almighty Father,
look with mercy on this your family
for which our Lord Jesus Christ was content to be betrayed
and given up into the hands of sinners
and to suffer death upon the cross;
who is alive and glorified with you and the Holy Spirit,
one God, now and for ever. **Amen.**

The second collect, for peace.

O God, the author of peace and lover of concord,
to know you is eternal life,
to serve you is perfect freedom:
defend us in all assaults of our enemies,
that we, surely trusting in your protection,
may not fear the power of any adversaries;
through Jesus Christ our Lord. **Amen.**

The third collect, for grace.

Eternal God and Father,
by your power we are created
and by your love we are redeemed:
guide and strengthen us by your Spirit,
that we may give ourselves to you
in love and service of one another;
through Jesus Christ our Lord. **Amen.**

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all, evermore. Amen.**

Let us bless the Lord.
Thanks be to God.

A Simple Order of Morning Prayer in Eastertide

O Lord open our lips,
And our mouth shall proclaim your praise.

**Alleluia! Christ is risen.
He is risen indeed. Alleluia!**

Most glorious Lord of life,
whose Son Jesus Christ conquered death
and rose victorious from the grave:
may we walk in his company,
hear the mystery of the Scriptures unfold to us,
and, with burning hearts, know his presence
in the breaking of the bread,
for our Saviour is risen indeed – Alleluia!
Blessed be God for ever.

**Christ has been raised from the dead,
the first fruits of those who sleep.**

Christ our Passover has been sacrificed for us
so let us celebrate the feast,

Not with the old leaven of corruption and wickedness
but with the unleavened bread of sincerity and truth.

Christ once raised from the dead dies no more
death has no more dominion over him.

In dying he died to sin once for all
in living he lives to God.

See yourselves therefore as dead to sin
and alive to God in Jesus Christ our Lord.

Christ has been raised from the dead
the first fruits of those who sleep.

For as by man came death
by man has come also the resurrection of the dead.

For as in Adam all die
even so in Christ shall all be made alive.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**Christ has been raised from the dead,
the first fruits of those who sleep.**

*A Bible Reading is read – perhaps using one of the Sunday readings
included in this booklet.*

**God has raised Christ Jesus from the dead,
so that we have a sure hope in him. Alleluia!**

Blessed be the Lord the God of Israel
for he has come to his people and set them free.

The Lord has raised up for us a mighty Saviour
born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies
from the hands of all who hate us.

To show mercy to our forebears
and to remember his holy covenant.

This was the oath God swore to our father Abraham
to set us free from the hands of our enemies,

Free to worship him without fear
holy and righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,

To shine on those who dwell in darkness
and the shadow of death
and to guide our feet into the way of peace.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**God has raised Christ Jesus from the dead,
so that we have a sure hope in him. Alleluia!**

Various prayers are offered for:

The Church

The World

The Local Community

Those in particular need

The Lord's Prayer is said.

The Collect for the Day is said (see Sunday Readings in this booklet) or

Almighty Father,

who in your great mercy gladdened the disciples
with the sight of the risen Lord:

give us such knowledge of his presence with us,
that we may be strengthened and sustained
by his risen life

and serve you continually in righteousness and truth;
through Jesus Christ our Lord. **Amen.**

The second collect, for peace.

O God, the author of peace and lover of concord,
to know you is eternal life,
to serve you is perfect freedom:
defend us in all assaults of our enemies,
that we, surely trusting in your protection,
may not fear the power of any adversaries;
through Jesus Christ our Lord. **Amen.**

The third collect, for grace.

Eternal God and Father,
by your power we are created
and by your love we are redeemed:
guide and strengthen us by your Spirit,
that we may give ourselves to you
in love and service of one another;
through Jesus Christ our Lord. **Amen.**

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all, evermore. Amen.**

Let us bless the Lord.
Thanks be to God.

An Order for Night Prayer (Compline)

The Lord almighty grant us a quiet night
and a perfect end. **Amen.**

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Silent prayer/reflection on the past day.

**Holy God,
we confess to you before the company
of the faithful in heaven and on earth,
that we have sinned against you,
against one another
and against your creation.
Forgive us in your mercy,
help us to forgive each other
and to hold in reverence
all that you have made. Amen.**

OSB West Malling

The following hymn may be said or sung.

**Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.**

**From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.**

**O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.**

Psalm 139, or another suitable Psalm, is read.

○ Lord, you have searched me out and known me; ♦
you know my sitting down and my rising up;
you discern my thoughts from afar.

You mark out my journeys and my resting place ♦
and are acquainted with all my ways.

For there is not a word on my tongue, ♦
but you, ○ Lord, know it altogether.

You encompass me behind and before ♦
and lay your hand upon me.

Such knowledge is too wonderful for me, ♦
so high that I cannot attain it.

Where can I go then from your spirit? ♦
Or where can I flee from your presence?

If I climb up to heaven, you are there; ♦
if I make the grave my bed, you are there also.

If I take the wings of the morning ♦
and dwell in the uttermost parts of the sea,

Even there your hand shall lead me, ♦
your right hand hold me fast.

If I say, 'Surely the darkness will cover me ♦
and the light around me turn to night,'

Even darkness is no darkness with you;
the night is as clear as the day; ♦
darkness and light to you are both alike.

For you yourself created my inmost parts; ♦
you knit me together in my mother's womb.

I thank you, for I am fearfully and wonderfully made; ♦
marvellous are your works, my soul knows well.

My frame was not hidden from you, ♦
when I was made in secret
and woven in the depths of the earth.

Your eyes beheld my form, as yet unfinished; ♦
already in your book were all my members written,

As day by day they were fashioned ♦
when as yet there was none of them.

How deep are your counsels to me, O God! ♦
How great is the sum of them!

If I count them, they are more in number than the sand, ♦
and at the end, I am still in your presence.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

One of the following short passages of Scripture are read.

In Lent

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Isaiah 58. 6,7

In Passiontide

I will pour out a spirit of compassion and supplication on the house of David and the inhabitants of Jerusalem, so that,

when they look on the one whom they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a firstborn.

Zechariah 12.10

In Eastertide

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

Revelation 22.4,5

Between the Ascension and Pentecost

I will pour out my spirit on all flesh; your sons and your daughters shall prophesy. The old shall dream dreams and the young shall see visions.

Joel 2.28

Into your hands, O Lord, I commend my spirit.

Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.

I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

Into your hands, O Lord, I commend my spirit.

The Nunc Dimittis.

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Now, Lord, you let your servant go in peace: ♦
your word has been fulfilled.

My own eyes have seen the salvation 
which you have prepared in the sight of every people;

A light to reveal you to the nations 
and the glory of your people Israel.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Various prayers are offered, which may include this short litany.

That you will give us a quiet night and a perfect end:
we pray to you, O Lord.

That you will have mercy upon us and grant us your
salvation:
we pray to you, O Lord.

That you will keep us this night without sin:
we pray to you, O Lord.

That you will guard us and give us your blessing:
we pray to you, O Lord.

That you will bring us with all your saints to
glory everlasting:
we pray to you, O Lord.

Let us commend ourselves, and all for whom we pray,
to the mercy and protection of God.

Our Father, who art in heaven...

The appropriate Collect is said.

Lent

Almighty God,
may we, by the prayer and discipline of Lent,
enter into the mystery of Christ's sufferings;
that by following in the Way,
we may come to share in the glory;
through Jesus Christ our Lord. **Amen.**

Passiontide

Almighty God,
as we stand at the foot of the cross of your Son,
help us to see and know your love for us,
so that in humility, love and joy
we may place at his feet
all that we have and all that we are;
through Jesus Christ our Saviour. **Amen.**

Easter

Almighty God,
by triumphing over the powers of darkness
Christ has prepared a place for us in the new Jerusalem:
may we, who have this day given thanks for his resurrection,
praise him in the eternal city
of which he is the light;
through Jesus Christ our Lord. **Amen.**

From Ascension to Pentecost.

Come, O Spirit of God,
and make within us your dwelling place and home.
May our darkness be dispelled by your light,
and our troubles calmed by your peace;
may all evil be redeemed by your love,
all pain transformed through the suffering of Christ,
and all dying glorified in his risen life. **Amen.**

In peace we will lie down and sleep,
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
so do we look for you, O Christ.

The Lord bless us and watch over us;
the Lord make his face to shine upon us
and be gracious to us;
the Lord look kindly on us
and all for whom we pray
and give us his peace.
Amen.